

**High, Wide and Handsome ...
Western Wyoming To Be Host Site
For Four Winds '99: The USA
Supreme Adventure Race/Wyoming,
JUNE 19-27**



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Race To Be Televised On Fox Sports Net, FitTV And Outdoor Life Network

Sedona, Ariz. — Brilliant skies and sagebrush rangelands... the majestic heights and awesome valleys of the great Rocky Mountains... antelope and elk, buffalo and bear. The grandeur and extremes of Western Wyoming will test athletes beyond the limits of their five senses during Four Winds '99: The USA Supreme Adventure Race/Wyoming June 19-27.

The longest-running expedition-level race in North America, the multisport Four Winds competition will cover more than 300 miles that will take six to eight days to finish. Mixed- and same-gender teams of four and two will put their physical and mental endurance abilities to the test as they mountain bike, snowshoe trek, white and flat water paddle, horseback ride, navigate, rappel, ascend and run through a grueling secret course designed to provide new challenges and personal growth experiences.

Fox Sports Net, FitTV and Outdoor Life Network will capture the action and excitement of Four Winds '99/Wyoming, as well as its shorter, younger sibling, the Mountain Rage Series, for television viewers through a diverse programming schedule that includes event coverage and a journal series.

Four Winds: The USA Supreme Adventure Race and The Mountain Rage Series, are the creation of Dr. Bill Lionberger and Karen Livesay, two Americans of indigenous peoples descent — a Choctaw Chickasaw doctor and multisport athlete, and a Costa Rican-Nicaraguan Indian businesswoman and horsewoman, respectively. Both share a passion for outdoor sports and a desire to develop adventure racing in the U.S., while exploring the lands and honoring the heritage of native peoples across America.

Through adventure racing, Four Winds provides athletes world-wide, the opportunity to experience the ultimate in physical, mental, and personal challenges and growth. In addition, the spirit of participation and achievement is celebrated through the race's emphasis on more teams successfully reaching the finish line. This has been accomplished with the company's first expedition-level races — Four Winds '97/Durango-Taos and Four Winds '98/Montana — and the spring and fall Mountain Rage Series races at Lake Roosevelt (Southern Arizona) and Lake Powell (Arizona/Utah).

For additional information regarding Four Winds '99/Wyoming, call (800) 775-7671; fax, 888-884-7671; e-mail, info@4windsadventure.com; or mail, 2675 West Highway 89A, Suite 451, Sedona, AZ, USA, 86336.

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