

Extreme Athletes To Head To Big Sky Country For Four Winds '98 The — USA Supreme Adventure Race/Montana, June 13-20



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Competition Is Largest Adventure Race In North America in 1998

SEDONA, Ariz./press.htm/USA — Recalling the inspiring expedition and explorations of Lewis and Clark almost two centuries ago, Montana's Rocky Mountain terrain of rolling plains and snow-covered peaks of granite slabs will provide the majestic backdrop for Four Winds '98-The USA Supreme Adventure Race/Montana, June 13-20.

The largest adventure race in North America to take place in 1998, Four Winds '98 will feature three- and five-person, mixed gender teams putting their physical and mental endurance abilities to the test through a secret course covering more than 350 miles over such venues as horseback riding, running, snowshoe trekking, mountain biking, canoeing/kayaking in class three- and four-plus white water rapids, rappelling, climbing, scaling, Tyrolean traversing, single track trail hiking and mountaineering.

Spectators may observe the race's start and finish in the Bozeman area, as well as other venues in designated areas.

Four Winds '98 and the shorter weekend series, The Mountain Rage, are the creation of Dr. Bill Lionberger and Karen Livesay, two Americans of indigenous peoples descent — a Choctaw Chickasaw doctor and multisport athlete, and a Costa Rican-Nicaraguan Indian businesswoman and horsewoman, respectively. Both share a passion for outdoor sports and a desire to develop adventure racing in the U.S., while exploring the lands and honoring the heritage of native peoples across America.

Through adventure racing, Four Winds provides athletes world-wide, the opportunity to experience the ultimate in physical, mental, and personal challenges and growth, especially as related to native traditions. This was achieved with the inaugural Four Winds '97 — which took racers across the breathtaking southwest Rocky Mountains, through the ancestral lands of the Southern Ute and Taos Indian tribes — and the first Mountain Rage Series race in Southern Arizona this spring.

November 1998 will see the second Mountain Rage competition take place in the Lake Powell area.

Four Winds sponsors include KHS Bicycles, Perception Kayaks, Alpine Air Food, Com Net Cellular, Aero EFX Productions, Pepsi, Creative Communications, Guard Dogs Aggressive Eyewear, Clif Bars, Sevylor Boats, Lake Powell Magazine, Extreme Magazine and Vast Magazine.

Additional information regarding the Four Winds Adventure Race may be obtained by telephone at (800) 775-7671; fax, 888-884-7671; e-mail, info@4windsadventure.com; or mail at 2675 West Highway 89A, Suite 451, Sedona, AZ, USA, 86336.

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