

Lake Powell to Again Host Adventure Racers for Four Winds Mountain Rage Series Race Nov. 6-7

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Sedona, Ariz. — Athletes from across the continent will converge in Northern Arizona/Southern Utah for America's last major adventure race of the millenium during Four Winds-The Mountain Rage Series/Lake Powell, Nov. 6-7.

Set against one of the country's most surreal and inspiring settings, teams of two and four, mixed- and same-gender, will paddle, mountain bike, trek, rappel and navigate across a 100-plus-mile secret course over national recreation area, Navajo and state lands-through spectacular regions never before open to the sport of adventure racing. And in keeping with the Four Winds philosophy of providing a sense of participation and achievement, the race will provide a balanced and extremely challenging course that when successfully navigated, can be finished by all teams.

During the nonstop competition, teams will find themselves maneuvering under a moonless sky on and around Lake Powell, with thousand-foot walls of Grand Canyon-like sandstone rising straight up from magnificent blue waters that accent a shoreline as long as the entire west coast of the United States.

Throughout the 1999 season, teams have been accumulating points, with the final championship titles to be determined at Lake Powell-the year's fifth race. Participants will represent newcomers to adventure racing, as well as teams who have previously raced in Four Winds events, including last year's Mountain Rage Series/Lake Powell champs Delirium and this year's USA Supreme Adventure Race winners Houston.

Looking ahead to 2000, the Four Winds race season will again consist of Mountain Rage Series races in March, May, September and November, in addition to the summer's expedition-level USA Supreme Adventure Race. Race locations will include California, Arizona, Utah, Nevada and Idaho for a race schedule that may encompass up to nine events.

For additional information regarding Four Winds Adventure Co. races, training camps, volunteer opportunities or newsletters, call (800) 775-7671; fax, 888-884-7671; e-mail, info@4windsadventure.com; or mail, 2675 West Highway 89A, Suite 451, Sedona, AZ, USA, 86336. Also check out the Four Winds web site at: 4windsadventure.com.